

## SUCCESS FOR YOUR FUTURE | ABC'S OF ATTRACTING SUCCESS

## **LESSON NOTES**

The Law of Attraction states that whatever gets in your mind and stays there, you will eventually attract in your life. 1. A: \_\_\_\_\_ 93% of the way we communicate is non-verbally. 3. C: \_\_\_\_\_ 4. You have everything you need to confidently pursue your dreams. It's on the inside of you, you just have to \_\_\_\_\_ it and \_\_\_\_\_ it. 5. When you believe in yourself and what you already have to offer, it's very 7. Your success is directly connected to what's coming out of your \_\_\_\_\_\_. 8. Successful people speak a different \_\_\_\_\_\_. 9. E: \_\_\_\_\_\_. 10. F: \_\_\_\_\_. 11. Don't be afraid of \_\_\_\_\_\_\_. As long as you're comfortable you're not \_\_\_\_\_\_. If you're not growing, you're \_\_\_\_\_\_. 12. G: \_\_\_\_\_. FIVE STEP PROCESS FOR ACHIEVING GOALS Step 1: Know what you want. Step 2: Be very specific. Step 3: Write your goals.

Step 5: Express gratitude and praise God for your goals before they happen.

Step 4: Speak them out loud.



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## **ACTION STEPS**

- 1. Don't speak a negative word about yourself.
  - Be accountable to those you are closest to or interact with daily. Give them the freedom to point out any negativity you speak.
- 2. Create a list of positive declarations for yourself and speak them out loud every day.
  - Write them down.
  - Post them where you will see them every day. Make multiple copies if necessary.
- 3. Develop the courage to ask for what you want.
  - List two or three things that you would like to do, receive, or see happen but have never gathered the courage to ask.
  - Ask.