

HEALING AND RESTORATION | **BREAKING SOUL TIES PART 1**

LESSON NOTES

1. If you still feel tied to something from your past that you cannot seem to break, then you have _____.
2. Your soul is made up of your _____, your _____, and your _____.
3. A soul tie is an _____, or a bond, with another that unites you.
4. What is it that is keeping you _____?
5. Psalms 23:3 says, _____.
6. Your _____ will subside; it will not last _____.
7. Soul ties are formed through _____.
8. Not all soul ties are bad – there are _____ soul ties.
9. Any relationship that is pulling you out of God's will for your life is a _____ soul tie.
10. Anyone who does not respect your _____ disqualifies themselves from a close relationship.
11. God has a _____ assignment on your life.
12. We create our world with what comes out of our _____.
13. You must take _____ over the words spoken in your past.
14. Soul ties are formed any time and every time there is _____ in a relationship.
15. God never consults your _____ to determine your _____.
16. Soul ties lead to _____.
17. _____ comes when you obey God.
18. You have to determine that you will _____ obey God.
19. God has a _____ for your life.
20. God, heal my _____, restore my _____, and make me _____.

HEALING AND RESTORATION | **BREAKING SOUL TIES PART 2**

LESSON NOTES

1. Number 1: You have to decide to please _____ more than anyone else.
2. The time to get out of this thing is _____.
3. You must obey _____ rather than _____.
4. Number 2: You have to build yourself up in the _____.
5. Ungodly soul ties will lead to _____, _____, _____, and _____.
6. Number 3: You have to _____ yourself from that person.
7. There will come a day when you _____ them.
8. Your emotions will scream for the _____ to stay in _____.
9. Every single choice you make to _____, you're making _____.
10. You are not rejecting a person – you are rejecting _____.
11. Number 4: Clean out your _____.
12. Number 5: Break the _____ of your _____.
13. What defeated you years ago will have _____ over you.
14. Fear not, there is _____ to fear.

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ACTION STEPS

1. Determine to focus on your FREEDOM, not your PAIN.
2. Identify any and all ungodly soul ties that you have – currently or from past relationships.
3. Decide that NOW is the time for you to be free from every relationship that is keeping you from being ALL that God has created you to be.
4. Schedule 5 to 10 minutes every day to get alone with God:
 - a. Pray this prayer, filling in the name(s): Father, in the Name of Jesus, I come before you with praise and with thanksgiving for being my loving Father. I thank you Lord for pouring your love on me, for forgiving me for sinning against You, and for having such mercy on my life. I lift every ungodly word spoken out of my mouth to You, and I break the power of those words in Jesus' name. I am no longer bound by ungodly soul ties to _____, and I am no longer snared by the words of my mouth. Every ungodly promise, vow, and commitment no longer has control of my life. I bind you Satan in Jesus' name. You have lost your power and your authority in my life. You may have affected my past, but you will not hinder my future. I curse you and I rend you powerless in my life, in the magnificent Name of Jesus. I am free from wrong soul ties. Amen.
 - b. Praise God – for loving you, and for setting you free – regardless of how you feel.
 - c. Fill your mind and spirit with the Word, focusing on those scriptures that speak of God's love for you – the Gospel of John, Romans 8, and the epistles of John are just a few.
5. Recognize the deceiver – Satan – and the tactics he uses to keep you bound, and cut him off:
 - a. Clean out from your home, car, office, and life everything that Satan is using to keep the ungodly soul tie alive.
 - b. Cut off personal contact and any form of communication
6. Prepare for the pain and open your heart for the Comforter – the Holy Spirit. As you draw close to God, He will draw close to you. You will be FREE!