

This **Growth Track** book belongs to:

Mobile Number:

**“I HAVE COME THAT THEY
MAY HAVE LIFE, AND HAVE IT
TO THE FULL.”**

JOHN 10:10

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Introduction



CHRISTIAN **FAMILY** CHURCH JOHANNESBURG

The CFC Growth Track guides you to discover your redemptive purpose and live the life God created for you. The Growth Track is made up of four steps that equips you to 1) connect to the church, 2) discover the strengths of your purposeful design, 3) develop your leadership, and 4) use your God-given gifts to make a difference in the lives of others.

step **ONE** – Become a Member

Explore the ministry of Christian Family Church International and find out how to connect with our church. Step One takes place on the first weekend of every month

step **TWO** – Discover Your Design

Dive into the details of your personality, discover your gifts, and see how your design reveals your purpose in life and your best fit in ministry. Step Two takes place on the second weekend of every month.

step **THREE** – Develop Your Leadership

Find out what it means to be a leader at CFC and learn how you can strengthen your character and gifting to fulfil your leadership potential. Step Three takes place on the third weekend of every month.

step **FOUR** – Join the Team

Connect to the opportunities available at CFC to live out your purpose and serve others by using your God-given gifts. Step Four takes place on the fourth weekend of every month.

stepONE

Become a Member



CHRISTIAN FAMILY CHURCH INTERNATIONAL: OUR STORY

What a joy it is to introduce you to our church!

Christian Family Church International was founded in September 1979 by its senior and founding Pastors Theo and Beverley Wolmarans. It is to date one of the largest churches of its kind in Southern Africa and has grown to a family of churches exceeding 1200.

Dr Theo is an anointed teacher who presents the Word of God with clarity and simplicity, bringing understanding to every heart and mind while simultaneously captivating the audience with his bold and uniquely gentle style.

As an anointed preacher and exhorter, Dr Beverley is a former student of Christ for the Nations Bible College. Having a practical and down-to-earth approach, she uses her life experiences with humour, boldness and candour in order to deliver hope and encouragement.

Christian Family Church International is focused on reaching the unsaved and the unchurched, to connect them to God and people by building relationships through Small Groups.

Dr Theo is called as an apostle to plant churches and Bible Colleges. We also equip evangelists and missionaries to be positioned around the world. This could be you. Our goal is to see over 2000 churches and 150 Bible Colleges planted worldwide by 2030. Our passion has led us to provide a place where people, just like you, can discover their purpose, find fulfilment and grow.

We are more than just a Sunday church. In fact, we're actually a network of Small Groups striving to become the kind of church described in the Bible, where there's relevant teaching, heartfelt worship, honest friendships, constant prayer and compassionate care for those in need.

Our doors are wide open to people from all backgrounds, regardless of where they are on their spiritual journey. So whether you're just starting to ask questions about God or you're a committed Christian who wants to sink your roots deeper into the things of God, you can belong and find a home here at Christian Family Church International.

OUR PRAYER FOR YOU

*“I have not stopped giving thanks for you, remembering you in my **prayers**.”*
EPHESIANS 1:16 (NIV)

*“I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the **Spirit of wisdom and revelation**, so that you may **know Him better**.”*
EPHESIANS 1:17 (NIV)

*“I pray that your heart will be flooded with light so that you can understand the wonderful future God has promised to those He called. I want you to realise what a rich and glorious inheritance He has given to His people. The **glorious inheritance** that God has for you – **is your destiny**.”*
EPHESIANS 1:18

Our spiritual journey consists of four steps

1. _____

*“But he answered and said, “Assuredly, I say to you, **I do not know you**.””*
MATTHEW 25:12 (NKJ)

*“[I pray] ... that you may **know Him better** [personally].”*
EPHESIANS 1:17–18

*“Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven, but only **he who does the will of my Father** who is in heaven. Many will say to me on that day, ‘Lord, Lord, did we not prophesy in Your name, and in Your name drive out demons and perform many miracles?’ Then I will tell them plainly, ‘I never knew you.’”*
MATTHEW 7:21–23

2. _____

*“And you shall know the truth, and **the truth shall make you free.**”*
JOHN 8:32 (NKJ)

*“[I pray] ... that the **eyes of your heart may be enlightened** [focused and clear].”*
EPHESIANS 1:17–18

*“Therefore confess your sins to each other and **pray for each other** so that you may be healed.”*
JAMES 5:16

3. _____

*“Who has saved us and called us with a holy calling, no according to our works, but **according to His own purpose and grace** which was given to us in Christ Jesus **before time began.**”*
2 TIMOTHY 1:9 (NKJ)

*“...as the Lord has **assigned to each** his task.”*
1 CORINTHIANS 3:5 (NIV)

*“[I pray] ... that you may **know the hope to which He has called you.**”*
EPHESIANS 1:17–18

*“We have **different gifts**, according to the grace given us.”*
ROMANS 12:6

*“All of you together are Christ’s body, and **each of you is a part of it.**”*
1 CORINTHIANS 12:27 (NLT)

4. _____

*“For we are God’s masterpiece. He has created us anew in Christ Jesus, so that we can **do the good things He planned for us** long ago.”*

EPHESIANS 2:10 (NLT)

*“[I pray] ... **that you may grasp** the immensity of this glorious way of life He has for His followers [in his holy people].”*

EPHESIANS 1:17–18

*“This is to my Father’s glory, that you bear much fruit, **showing yourselves to be my disciples**. I have told you this so that my joy may be in you and that your joy may be complete.”*

JOHN 15:8, 11

*“**God has given gifts to each** of you from His great variety of spiritual gifts. Use them well to serve one another.”*

1 PETER 4:10 (NLT)



1. KNOW GOD

We consider reaching people who do not know God personally to be one of our greatest responsibilities. Our Weekend Services are for people at all stages in their spiritual journey but are primarily designed for those who do not yet have a genuine relationship with God.

Our Weekend Services focus on four values

1. _____

We believe church should be enjoyable.

"I was glad when they said to me, 'Let us go into the house of the Lord.'"
PSALM 122:1 (NKJ)

2. _____

We believe church should be a place where people experience God's presence.

*"...so that times of refreshing may come from the **presence of the Lord.**"*
ACTS 3:19 (NKJ)

*"But...when some unbelievers or ordinary people come in, they will be convinced of their sin by what they hear. They will be judged by all they hear, their secret thoughts will be brought into the open, and **they will bow down and worship God**, confessing, 'Truly God is here among you!'"*
1 CORINTHIANS 14:24–25 (GNT)

3. _____

We believe church should be a place where people learn how the Bible applies to their daily lives.

*"So Christ Himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to **equip His people for works of service**, so that the body of Christ may be **built up.**"*
EPHESIANS 4:11–12

4. _____

We believe church should be a place where people can accept Jesus as their Lord and Saviour.

*"Everyone who calls on the name of the Lord will be saved.' But how can they call on Him to save them unless they believe in Him? And how can they believe in Him if they have never heard about Him? And **how can they hear about Him unless someone tells them?**"*
ROMANS 10:13–14 (NLT)



How we share Christ with others

*“Go out into the country...and **urge anyone you find to come**, so that the house will be full.”*

LUKE 14:23 (TLB)

As we continue to reach people far from God, every one of us can do our part by following these four principles:

1. Accept the personal _____
2. Build a personal _____
3. Share your personal _____
4. Give a personal _____

In our city, our nation, and our world

*“But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in **Jerusalem**, and in all **Judea** and **Samaria**, and to the **ends of the earth**.”*

ACTS 1:8 (NKJ)

In addition to our efforts during Weekend Services, we are focused on reaching people in three key places designated by Jesus:

1. “In Jerusalem” - _____

*“Pure and lasting religion in the sight of God our Father means that we must **care for orphans and widows in their troubles ...**”*

JAMES 1:27 (NLT)

The primary way we reach our cities is through our Weekend Services, Dream Centres, Correctional Ministry, and Outreach Groups.

2. "In Judea and Samaria" _____

*"As they travelled from town to town, they presented the simple guidelines the Jerusalem apostles and leaders had come up with. **That turned out to be most helpful.** Day after day the congregations **became stronger in faith and larger in size.**"*
ACTS 16:4–5 (MSG)

The primary way we reach our nation is by establishing new churches through the Missions Department and strengthening existing churches through the aftercare process.

The CFCI Missions Department trains, coaches, and provides resources for new church plants annually worldwide.

Learn more about CFCI Missions at www.christianfamilychurch.co.za.

3. "To the ends of the earth." _____

*"Jesus said to His followers, 'Go everywhere in the world, and **tell the Good News to everyone.**'"*
MARK 16:15 (NCV)

The primary way we reach our world is through strategic missions. At CFCI, we intentionally invest a portion of our resources in missions' work all around the world with a focus on unreached people groups, children, and church planting.

How you can participate

1. _____

Pray that we might reach people in each of these areas with the Good News of Jesus.

*“Then He said to His disciples, ‘The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to **send out workers into His harvest field.**”*

MATTHEW 9:37–38

2. _____

Give your time and resources to reach people for Christ.

*“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but **lay up for yourselves treasures in heaven**, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”*

MATTHEW 6:19–21 (NKJ)

*“But **seek first the kingdom of God** (put God’s work first) and His righteousness, and **all these things shall be added to you.**”*

MATTHEW 6:33 (NKJ)

3. _____

Go to our cities, nation, and the world to serve others and show people the love of God.

*“Then I heard the voice of the Lord saying, ‘Whom shall I send? And who will go for us?’ And I said, ‘**Here am I. Send me!**’ He said, ‘Go and tell this people...’”*

ISAIAH 6:8–9



2. FIND FREEDOM

We believe life change happens in the context of relationships. Small Groups have one simple purpose: to bring people together. God created us to live in community with others, and it is only then that we can experience the full life He intends for us.

Small Groups provide three things

1. A place to _____ with others.

*“Yes, whatever a person is like, I try to **find common ground with him** so he will let me **tell him about Christ** and let Christ save him.”*

1 CORINTHIANS 9:22 (TLB)

We were not made to do life alone. God created us for the community, and Small Groups provide a place for you to connect with others, share life, and grow in faith together.

2. A place to _____ each other.

*“We know what **real love** is because **Jesus gave up His life for us**. So we also ought to give up our lives for our brothers and sisters.”*

1 JOHN 3:16 (NLT)

When we do life together, our problems become smaller as God uses others to bring support and encouragement to our lives. Small Groups become a place where others don't just know your name but care about what is happening in your life and want to support you in your spiritual journey.

3. A place to _____ together.

*“As iron sharpens iron, so **one person sharpens another**.”*

PROVERBS 27:17

We believe every person is created with God-given potential to make a difference in the world. Small Groups are a place you can grow with others to become more like Jesus and reach the potential God has put inside you.



Christian Family Church International Small Groups Model

We base our Small Groups model on the early church as described in the Bible in the book of Acts. In Acts, you can read about how Small Group meetings in homes helped lay the foundation for tremendous growth in the first church in Jerusalem.

*"Day after day, in the temple courts and from **house to house**, they never stopped teaching and proclaiming the good news that Jesus is the Messiah."*
ACTS 5:42

*"You know that I have not hesitated to preach anything that would be helpful to you but have taught you publicly and from **house to house**."*
ACTS 20:20

Christian Family Church is a church **of Small Groups**, not a church with Small Groups.

Four things to know about our Small Groups:

1. There are various types:

We want people to gather together based on things they enjoy and are important to them. Essentially, the things you are already doing in your life are the things that can make up your Group; from sports, lunch, parenting, youth, young adults Bible study, creative arts, prayer, welfare, hiking, biking and many more Small Groups. These Small Groups are as varied as we are.

- Types of People:

- Men • Women • Single • Married/Family • Youth • Young Adults

- Types of Interests:

- Freedom • Prayer • Welfare • Bible Study • Free Market

*“He makes the whole body **fit together perfectly**. As **each part does its own special work**, it helps the other parts grow, so that the whole body is healthy and growing and full of love.”* EPHESIANS 4:16 (NLT)

Just like healthy bodies grow continually without taking seasons off, we believe that in order to grow consistently and remain healthy, Small Groups should run throughout the year.

2. Everyone can join a Small Group

Our hope is for every person at CFC to be connected in a meaningful community through a Small Group. With so many Small Groups to choose from, we are confident there is a Small Group that is a great fit for you.

You can search Small Groups by topic, location, day, and time in our online Small Groups directory at www.christianfamilychurch.co.za. Once you've found a few Small Groups that interest you, contact the leaders to learn more and make plans to check them out in person. For a comprehensive list of Small Groups, see Appendix.

3. Anyone can Host a Small Group

We believe hosting a Small Group is simple because we all have something to offer others. Whether it's something you are passionate about, an experience you've had that can help others, or an area in which you are looking to grow, hosting a Small Group is a great way to bring people together in meaningful community.

To learn more about becoming a Small Group leader, attend Small Group Leadership Training at Step Four of the Growth Track. Even if you're not sure if you're ready to host a Small Group, we invite you to come to a training session.



3. DISCOVER PURPOSE

The CFC Growth Track exists to help you discover and develop your purpose and live the full life God created for you. The Growth Track is made up of four steps, which guide you through the next steps in your journey to know God, find freedom, discover purpose, and make a difference.

*“Let us move beyond the elementary teachings about Christ and **be taken forward to maturity.**”*

HEBREWS 6:1

*“I have come that they may **have life, and have it more abundantly.**”*

JOHN 10:10

The CFC Growth Track

1. *stepONE* - _____

Explore the ministry of Christian Family Church International and find out how to connect with our church. Step One takes place on the first weekend of every month.

2. *stepTWO* - _____

Dive into the details of your personality, discover your gifts, and see how your design reveals your purpose in life and your best fit in ministry. Step Two takes place the second weekend of every month.

3. *stepTHREE* - _____

Find out what it means to be a leader at CFC and learn how you can strengthen your character and gifting to fulfil your leadership potential. Step Three takes place the third weekend of every month.

4. *stepFOUR* - _____

Connect to the opportunities available at CFC to live out your purpose and serve others by using your God-given gifts. Step Four takes place on the fourth weekend of every month.

4. MAKE A DIFFERENCE

All of us were created by God to make a difference in the world around us. God has a place for you, where your unique abilities and passions can impact the lives of others. We believe your life will never make sense until you find, develop, and fulfil your purpose.

*“For we are God’s handiwork, created in Christ Jesus to **do good works, which God prepared in advance for us to do.**”*

EPHESIANS 2:10

*“However, I consider my life worth nothing to me, if only I may **finish the race and complete the task the Lord Jesus has given me.**”*

ACTS 20:24

*“Now **God gives us many kinds of special abilities...**and there are different kinds of service to God [ministry]...All of you together are the one Body of Christ and **each of you is a separate and necessary part of it.**”*

1 CORINTHIANS 12:4–5, 27 (TLB)

At Christian Family Church International

We believe there is no great divide between the “ministers” and the “congregation.” Everyone has something they can do to impact the lives of others in the Kingdom of God. From our perspective, every member of CFC is a minister, every person is gifted in some area, and every task is important. Discover what you do well, and take steps to use your gifts to make a difference.

You can start by joining the Dream Team at Step Four of the Growth Track





CHRISTIAN FAMILY CHURCH INTERNATIONAL GOVERNMENT

As you consider investing your heart, time, family, and finances into the life of a church, it is important for you to feel confident in church leadership. Our goal in sharing the details of CFCI's government is so that you will understand that our church is structured to support the values of integrity, accountability, and spiritual authority.

Our church government is made up of three groups of elders.

1. Guided by _____

Apostle Theo and Dr Bev Wolmarans lead the Pastoral Staff team. This team oversees the day-to-day ministry and operations of the church. Our Pastors serve the congregation and are responsible for the development of the spiritual life of the church.

2. Protected by _____

Our Financial Advisory Committee comprising of six trusted independent professionals, appointed by our Senior Pastor to oversee the finances and direct the provision of the facilities needed by the church. They provide counsel to the Senior Pastor regarding the major financial commitments of the church.

3. Directed by a _____

The Leadership Board is comprised of eight pastors of respected congregations and ministries who love Christian Family Church International and are willing to provide spiritual protection to the church. They may be called upon to help in accountability matters relating to the Senior Pastor if requested to do so by the Pastors or the Financial Advisory Committee. They assume fiduciary responsibility and are accountable for matters relating to the church.



CHURCH FINANCES

*“Every Sunday **each of you make an offering** and put it in safekeeping. **Be as generous as you can.** When I get there you’ll have it ready, and I won’t have to make a special appeal.”*

1 CORINTHIANS 16:1–4 (MSG)

At Christian Family Church International, we practice tithing for the support of Christ’s body, the church, as God commands. We recognise that giving 10% of our income is the Biblical standard for giving.

*“Be sure to **set aside a tenth** of all that your fields produce each year.”*

DEUTERONOMY 14:22

*”” **Bring the whole tithe** into the storehouse, that there may be food in My house. Test Me in this,” says the Lord Almighty, “and see if I will not throw open the floodgates of heaven and **pour out so much blessing** that there will not be room enough to store it.””*

MALACHI 3:10

Giving is one of the central themes in the Bible. Jesus talked more about this subject than Heaven, Hell, or prayer. To understand what it means to be a Christ-follower, we must also understand what it means to be a giver.

1. Tithe

The tithe or “first fruits” of our labour/income belong to God. We find this principle all through God’s Word. Tithing, giving God the first 10% of our income to the local church, is the primary, practical way we acknowledge that God is first.
(PROVERBS 3:9–10)

2. Offerings

An offering is giving over and above the tithe. The Bible says that by giving generously, we are able to “take hold of the life that is truly life.” You aren’t really living unless you are freely giving
(1 Timothy 6:18–19).

*“Let each one give as he’s made up his own mind – and purposed in his heart – not reluctantly or sorrowfully or under compulsion – **for God** loves (He takes pleasure in – prizes above other things and **is unwilling to abandon or do without) a cheerful (joyous prompt to do it) giver (whose heart is in his giving).”***
2 CORINTHIANS 9:7 (AMP)

3. The Gift of Giving

The gift of giving is a spiritual gift that God gives to some people (Romans 12:8). It is a Spirit-given capacity and desire to serve God by giving of your material resources, far beyond the tithe, to further the work of God.

Many people love to give to God, and as they do, they want to feel confident in the organisation through which they give. At CFC, we want people to understand they are giving to God through the church, not to the church. As we openly share the honesty, integrity, and spiritual values that guide the financial practices of CFC, we believe people can focus on what God is calling them to give and trust that He is leading our church to steward it well.

The giving of tithes and offerings is worship to Jesus and an expression of the relationship between the individual giver and the Lord. That is why we don’t have people fill out pledge cards or make faith promises. Funds are not “income only,” they are worship and are not considered to be a business transaction but an expression of gratitude toward God.

BECOMING A MEMBER

Christian Family Church International Membership Covenant

Having received Christ as my Lord and Saviour and being in agreement with the values and ideas presented in Step One of the Growth Track, I now feel led by the Holy Spirit to unite with the Christian Family Church International family. In doing so, I make the following commitment to God and my fellow church members:

- 1. I will protect the unity of my church by:**
Acting in love toward other members. Refusing to gossip.
Following the leaders.

*“So let us **concentrate on the things which make for harmony**, and on the growth of our fellowship together.”*

ROMANS 14:19

*“Live in complete harmony with each other—each **with the attitude of Christ** toward each other.”*

ROMANS 15:5

*“**Have a sincere love for other believers**; love one another earnestly with all your heart.”*

1 PETER 1:22

*“Do not let any unwholesome talk come out of your mouths, but only what is **helpful for building others up** according to their needs.”*

EPHESIANS 4:29

*“Have confidence in your leaders and **submit to their authority**, because **they keep watch over you** as those who must give an account. Do this so that their work will be a joy, not a burden, for that would be of no benefit to you.”*

HEBREWS 13:17

2. I will share the responsibility of my church by:

Praying for its growth and health.

Inviting the unchurched to attend. Warmly welcoming those who visit.

*“To the church...we always thank God for all of you and **continually mention you in our prayers.**”*

1 THESSALONIANS 1:1–2

*“Go out into the country...and **urge anyone you find to come in**, so that the house will be full.”*

LUKE 14:23 (TLB)

*“So, **warmly welcome each other into the church**, just as Christ has warmly welcomed you; then God will be glorified.”*

ROMANS 15:7 (TLB)

3. I will serve the ministry of my church by:

Discovering my gifts and talents.

Using my God-given gifts to make a difference in the lives of others.

Developing a servant’s heart.

*“**Serve one another** with the particular gifts God has given each of you.”*

1 PETER 4:10 (PH)

*“So Christ Himself gave...pastors and teachers, **to equip His people for works of service**, so that the body of Christ may be built up.”*

EPHESIANS 4:11–12

*“Let each of you **look out** not only for his own interests, but also **for the interests of others**. Let this mind be in you which was also in Christ Jesus... taking the form of a bondservant.”*

PHILIPPIANS 2:4–5, 7 (NKJV)

4. **I will support the testimony of my church by:**
Attending church and Small Groups faithfully. Living a Godly life.
Giving regularly.

*“They **devoted themselves** to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer.”*

ACTS 2:42

*“Let us not neglect our **meeting together**...but **encourage one another**.”*

HEBREWS 10:25 (NLT)

*“But whatever happens, make sure that your everyday life is **worthy of the Gospel of Christ**.”*

PHILIPPIANS 1:27 (PH)

To read through our full Statement of Faith, see Appendix.

NEXT STEPS

1. Become a member of Christian Family Church International

Membership at CFC is not about adding your name to a roster; it's about connecting with the people and the vision of the church. We would love for you to be a part.

2. Join a Small Group

Browse our online Small Groups directory at www.christianfamilychurch.co.za. Once you find a few Small Groups that interest you, contact the leaders to learn more and make plans to check them out in person. For a comprehensive list of Small Groups, see Appendix.

3. Complete all four steps of the Growth Track

stepONE	– Become a Member
stepTWO	– Discover Your Design
stepTHREE	– Develop Your Leadership
stepFOUR	– Join the Team

